



# **STEVE FRIEDLAND ASSOCIATES, INC.**

**NEXT LEVEL LEADERSHIP & ORGANIZATION DEVELOPMENT SOLUTIONS**  
**MANAGEMENT CONSULTING • KEYNOTES • EXECUTIVE COACHING • TRAINING**  
**P.O. Box 1158, Lake Oswego, OR 97035 • 503.875.0444 • [www.stevfriedland.com](http://www.stevfriedland.com)**

## **Next Level Leadership: Transforming Leaders Inside and Out**

Next Level Leadership is an advanced two-day transformative leadership development program designed for new and experienced leaders to deepen and discover new pathways and practices toward advancing and pursuing their own individual and collective "next level" of leadership development, performance, and holistic growth.

Next Level Leadership delivers a powerful learning and development journey for all leader participants through engaging core topics and evidence-based research, media, self-assessments, real world expertise and narratives, group dialogue, reflective journals, experiential activities, and contemplative practices.

Next Level Leadership includes research studies, models, teachings and practices drawn from diverse worldwide leaders and experts from various interdisciplinary fields including leadership studies, communication, learning, human development, cognitive, social, contemplative and health sciences.

*Journey of core topics include:*

- Identifying "next level" development in leaders and leadership
- Influence and impact of "next level" leaders
- Identifying, assessing and strengthening multiple intelligence Qs--cognitive (IQ), emotional (EQ), and spiritual (SQ)
- Meta-cognition and consciousness--applying mindfulness, deeper level thinking and listening, introspection, internal and external observational practices
- Applying governing values, peak performance principles and intrinsic motivation science to enhance superior performance outcomes
- Power of intention—aligning goals, means, and actions
- Masterful communication tips to engage, influence, inspire and motivate
- Overcoming barriers to "next level" development and performance
- Contemplative, cognitive, behavioral, interpersonal, and experiential actions and practices to help facilitate ongoing "next level" development and growth

To optimize leader participant outcomes, Next Level Leadership is delivered as two separate sessions (Day 1 and Day 2) within a three to four-week time frame, either on-site or off-site with a maximum of twenty (20) leader participants per cohort.

To learn how to bring Next Level Leadership to your organization, call Steve Friedland Associates at 503-875-0444 or email [sfriedland@stevfriedland.com](mailto:sfriedland@stevfriedland.com).