



# **STEVE FRIEDLAND ASSOCIATES, INC.**

**NEXT LEVEL LEADERSHIP & ORGANIZATION DEVELOPMENT SOLUTIONS**  
**MANAGEMENT CONSULTING • KEYNOTES • EXECUTIVE COACHING • TRAINING**  
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## **NEXT LEVEL INSTITUTE**

### **NEXT LEVEL LEADERSHIP: Transforming Leaders Inside and Out**

**Next Level Leadership: Transforming Leaders Inside and Out** is a 2-day advanced transformational leadership development program designed for new and experienced leaders serving in executive, management, or supervisory roles.

Next Level Leadership is designed to further advance participant “next level” development, growth, and performance by gaining key insights, knowledge, practices, tools and resources through diverse assessments, engaging narratives, real world expertise, reflective activities, contemplative practices and experiential exercises. Next Level Leadership provides participants with research studies, models, teachings, principles, and practices drawn from various multidisciplinary and interdisciplinary fields including leadership studies, communication, learning, human development, cognitive, social, contemplative, health and wellness sciences.

*The journey of topics include:*

- Identifying “next level” development in leaders and leadership
- Influence and impact of “next level” leaders
- Assessing and strengthening multiple intelligences--cognitive (IQ), emotional (EQ), and spiritual (SQ)
- Meta-cognition and consciousness--applying mindfulness, deeper level thinking, introspection, internal and external observational practices
- Applying governing values, peak performance principles, and intrinsic motivation science to enhance superior performance outcomes
- Power of intention—aligning goals, means, and actions
- Masterful communication tips to engage, influence, inspire and motivate
- Leadership wellness--modeling and leading an organizational culture of wellness
- Overcoming barriers to “next level” development and performance
- Contemplative, cognitive, behavioral, interpersonal, and experiential actions and practices to help facilitate ongoing “next level” development and growth

**Next Level Leadership** can also be customized to include scheduled **T-sessions®** which combines a coaching-counseling process to help individuals and teams identify, explore, address, strengthen, and integrate or advance “next level” development goals and performance outcomes.