



STEVE FRIEDLAND ASSOCIATES, INC.

NEXT LEVEL LEADERSHIP & ORGANIZATION DEVELOPMENT SOLUTIONS

MANAGEMENT CONSULTING • KEYNOTES • EXECUTIVE COACHING • TRAINING

P.O. Box 1158, Lake Oswego, OR 97035 • 503.875.0444 • www.stevfriedland.com

NEXT LEVEL INSTITUTE

NEXT LEVEL LEADERSHIP: Transforming Leaders Inside and Out

Next Level Leadership (NLL): Transforming Leaders Inside and Out is an advanced 2-day transformative leadership development program designed for new and experienced leaders an opportunity to deepen and discover new pathways and practices toward advancing and pursuing their own individual and collective next level of leadership development and holistic growth.

Next Level Leadership (NLL) engaging design provides leaders with key insights, knowledge, practices, tools and resources through diverse assessments, narratives, real world expertise, group dialogue, reflective journals, experiential activities, and contemplative practices. NLL offers research studies, models, teachings and practices drawn from a range of worldwide leaders and experts from diverse interdisciplinary fields including leadership studies, communication, learning, human development, and cognitive, social, contemplative as well as health sciences.

Journey of Topics include:

- Identifying “next level” development in leaders and leadership
- Influence and impact of “next level” leaders
- Identifying, assessing and strengthening multiple intelligence Qs--cognitive (IQ), emotional (EQ), and spiritual (SQ)
- Meta-cognition and consciousness--applying mindfulness, deeper level thinking and listening, introspection, internal and external observational practices
- Applying governing values, peak performance principles and intrinsic motivation science to enhance superior performance outcomes
- Power of intention—aligning goals, means, and actions
- Masterful communication tips to engage, influence, inspire and motivate
- Overcoming barriers to “next level” development and performance
- Contemplative, cognitive, behavioral, interpersonal, and experiential actions and practices to help facilitate ongoing “next level” development and growth

To optimize program design and learner outcomes, NLL is scheduled and delivered as two separate sessions (Day 1 and Day 2) within a four-week timeframe (either on-site or off-site) with a maximum of 20 participants per cohort.

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